

# Resources Guide

## Resources of the Graduate School of International Studies

- [Research master's, with thesis information](#)
- [Course-based master's degree with research paper and internship information](#)
- [Doctorate in International Studies information](#)
- [Useful documents](#)
- [Scholarships and financial support](#)

## Resources of the Faculty of Graduate and Postdoctoral Studies

- [Essential tools and guides](#)
- [Professional skills development](#) (Webinars in French subtitled in english)
- [Preparing your research proposal](#)
- [General overview of the Research master's degree](#)
- [General overview of the Course-based master's degree](#)
- [General overview of the doctorate](#)

## Resources from the library

- [Resources on the theme of international studies](#) (Expert librarian on international studies -Richard Dufour)
- [Database of dissertations and theses submitted](#)

## Additional Resources

[Resources of the organisation Thèsez-Vous :](#)

## Recommended books on time management and stress management and fostering healthy habits

- Atomic Habits – James Clear
- Limitless – Jim Kwik
- The 7 Habits of Highly Effective People – Stephen R. Covey